

<b>Cumulative</b>	<b>Distance</b>	<b>Where</b>	<b>Notes</b>	<b>Direction</b>		<b>Elevation</b>
0mi	0mi		Start park and ride	WSW	227°	137.8ft
0.05mi	0.05mi		R MD 424	NW	307°	144.4ft
0.4mi	0.36mi		L Rossback Rd	WSW	246°	164ft
1.59mi	1.19mi		BL Patuxent River Rd. Speed picks up here	SSW	186°	128ft
5.11mi	3.52mi		X MD 214	SSW	181°	82ft
5.97mi	0.86mi		Sharp L Queen Anne Bridge Rd	E	78°	82ft
6.81mi	0.84mi		Sharp R Wayson Rd. Be prepared for two short steep rollers	S	173°	128ft
8.01mi	1.2mi		L Harwood Rd Note: longish hill, fast (split may occur)	SSE	146°	68.9ft
10.4mi	2.38mi		R MD 2 Note: fast traffic - neutral zone	SSW	186°	170.6ft
10.77mi	0.38mi		R on Polling House Rd	W	248°	177.2ft
11.16mi	0.39mi		L on S Polling House Rd. Make 1 and a half loops of S. Polling House->Bayard->Polling House. If you get dropped, you can site up and wait for the group to catch you the second time around.	SSW	182°	167.3ft
12.08mi	0.92mi		Hill (split likely)	S	160°	105ft
12.74mi	0.66mi		R on Bayard Rd	WNW	271°	173.9ft
14.65mi	1.91mi		R on Polling House Rd	NNW	357°	101.7ft
17.93mi	3.27mi		R on S Polling House Rd	S	179°	160.8ft
18.86mi	0.93mi		Hill (split likely)	S	162°	105ft
19.5mi	0.64mi		R on Bayard Rd	W	268°	173.9ft
21.43mi	1.93mi		S on Bayard Rd	WNW	277°	88.6ft
22.75mi	1.32mi		R on Sands Rd	NNE	2°	55.8ft
26.23mi	3.48mi		L on Patuxent River Rd	WNW	274°	62.3ft
27.03mi	0.8mi		Caution: sharp right turn	NE	44°	9.8ft
28.48mi	1.45mi		X MD 214 Note: the last haul to the sprint starts here	NNE	3°	88.6ft
31.63mi	3.15mi		Sprint Finish, ease up and ride home	NNE	3°	95.1ft
32mi	0.36mi		BR Rossback Rd	ENE	67°	114.8ft
33.22mi	1.22mi		R MD 424	SE	130°	164ft
33.59mi	0.37mi		L into park and ride	NE	36°	141.1ft
33.64mi	0.05mi		Finish park and ride	NE	36°	144.4ft